

JOHN 11:25-26
JESUS SAID TO HER,

I AM THE
RESURRECTION AND THE

LIFE.

HE WHO BELIEVES IN ME
WILL LIVE,
EVEN THOUGH HE

DIES.

AND WHOEVER LIVES
AND BELIEVES IN ME
WILL NEVER DIE.

DO

YOU

BELIEVE
THIS?

PROOF

A 6-LESSON STUDY ON THE BOOK OF JOHN

17 And when he had said these things, he departed and hid himself from them.

18 And when the Jews who had believed in him saw these things, they said, "He said this to test us, because we do not know what he is."

19 Then Jesus said to them, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

20 And the Pharisees said to him, "You are testifying for yourself, and your testimony does not count."

21 He answered them, "If I testify for myself, my testimony does not count."

22 "But if I testify that I am the light of the world, and you do not believe in me, why do you not believe that I am the light of the world?"

23 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

24 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

25 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

26 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

27 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

28 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

29 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."

30 He said to them, "You are testifying for yourselves that you do not believe in me, because you do not believe that I am the light of the world."



Thank you for downloading this youth**ministry**360 resource preview. This preview includes:

- A glimpse at a Leaders Guide, including Bible Background and a portion of the Lesson Plan
- The front cover
- The back cover, including features

Please don't hesitate to call us with questions. Our passion is serving and equipping youth workers. Your input helps us do this more effectively.

God Bless, The youth**ministry**360 team

PROOF Lesson 6: Alive and Well

Objective: The point of the lesson is that your students would realize that Jesus' resurrection means life for His followers, and that this truth would be one they share with others.

Scripture Focus: John 20:1-18

Overview: Jesus' resurrection was the culmination of His ministry on this earth. He obediently went to the cross, but conquered death just three short days later. His resurrection is the motivating factor for the Gospel. Jesus lives. And those who believe can experience eternal life with Christ, as well. Isn't this the most important message there is? Shouldn't this story be constantly on your student's lips? This lesson will help your students be motivated to share the life-bringing story of Christ with those in their world.

Bible Background

The Details

- **Who wrote John?**

John the Apostle wrote the Gospel of John. John was one of Jesus' closest disciples, one of what is called the "inner three," with Peter and James. John wrote his Gospel, but also wrote 1, 2, and 3 John, and Revelation. According to Church history, John was the only Apostle not to die a martyr's death.

- **When was it written?**

Though an exact date is tough to pin down, most scholars think John wrote his Gospel after 70 A.D., probably from the city of Ephesus.

- **What was the purpose of its writing?**

John had one purpose in mind: that his readers would know Jesus Christ as Messiah. John's message is evangelical at its core. He was chiefly concerned with both Jews and Gentiles knowing Jesus' true identity, and knowing it in such a way that they came to a rich faith in Him.

The Main Point

John 20:18

In John 20:18, we see this wonderful statement made by Mary: "I have seen the Lord!" Death had not kept Jesus down. He had returned again as He said He would. All of history hinged on this moment. And it had happened.

There is no more important truth for our faith than the resurrection of Christ. It is the crux of all of we believe, the heart of the Gospel. Jesus was never staying in the grave! From before time, God's plan called for a dramatic resurrection. Jesus' power over death unlocked eternity for us. His resurrection completed His work on the cross. Mary's grief and shock were turned into joy and awe. Our goal should be to capture some of that awe in our own lives as we consider what the resurrection means.

Wrap Up

If your students truly grasp the importance of the resurrection, they will understand that it is a message that must be told. It means life! It is life to everyone who hears and believes. Teenagers face such an uphill battle when it comes to sharing their faith in their culture. The religious pluralism of their society makes any absolute truth claim the object of derision. But, their ability to share their faith hinges on them being personally moved by the Gospel story. They must fully grasp what Jesus' death and resurrection mean for them before they can meaningfully share it with others. Understanding the power of the resurrection is what this lesson is all about.

Lesson Plan

The Lead In

- **Title:** The Most Comfortable Chair In The World, PART 3
- **Goal:** The idea is to get your students thinking about the amazing concept of the resurrection.
- **Set Up:** You'll need the Proof Media Disc and a way to show the video, such as a DVD player. Or if you would prefer to drop the video into your presentation software, open the Media Disc on your computer, download the .MOV file, and drop it into a slide.

FIRST >> explain that you're going to watch the final video in the ongoing conversation you've been witness to.

NEXT >> show the video.

THEN >> engage your students in a short discussion using the following questions:

- **Why were the two friends so distraught over the loss of the chair?**
- **What made the chair's complete recovery so amazing?**

FINALLY >> explain that today's lesson is all about the resurrection of Jesus and the incredible meaning it has for all people.

The Main Event

- **Title:** Alive And Well
- **Goal:** The idea is for your students to understand the resurrection narrative as witnessed by those who were there.
- **Set-Up:** Provide a Student Guide for each student and something to write with.

FIRST >> distribute the Student Guides to your students. Explain that in this lesson you will be looking at the resurrection story. Explain to your students that you want them to try and put themselves in the garden with the disciples and Mary. To do this, you are going to read passages of the narrative, and then use your student guide to write what you might text to a friend to whom you were giving a minute-by-minute report.

THEN >> begin reading the passages. For each passage, read or have a student read the verses, then give them a few seconds to write out a text. Tell them they have to hurry. The action is moving and they don't have too long. After each passage, have a few students share what they texted. Engage in discussion along the way using the questions below:

- John 20:1-2

Imagine you are Mary Magdalene. It's dark. You get to the tomb and the stone is rolled away. What are you thinking right now?

- **John 20:3-9**

You're Peter and you are standing inside an empty tomb, basically a dark cave. You see the cloths they used to bury Jesus in. What is going through your mind?

- **John 20:10-13**

So, the other disciples left. Can you imagine what they were thinking as they walked back to their houses? Three years with Jesus. His arrest and murder. And now this. But what did Mary do? Why do you think she stayed?

- **John 20:14-16**

Mary was the first person in the world to see Jesus after He had risen from the grave. What was going through her mind? What would you want to say to Jesus? What would you want to do?

- **John 20:17-18**

Mary gets to go and tell the most incredible message maybe ever told. What would you have been doing if you were in her shoes?

NEXT >> when you have finished, explain to students that Jesus' crucifixion and resurrection form the heart of our faith. It separates Christianity from every other world religion. We are the only faith that has at its center a God who came to earth, allowed Himself to die for His people, then conquered death and arose from the dead. Ask:

- **What did the crucifixion and the resurrection accomplish?**

Answer: They earned for us forgiveness of sins and eternal life with God in heaven.

- **Why is this so important?**

Answer: Without them we would be left with our sin separating us from God, and destined to die apart from God and eternal life in Him.

FINALLY >> help your students understand that the crucifixion and resurrection are so important that we cannot keep the truth of it to ourselves. These two facets of our faith are life for a dying world. Explain that if we grasp the importance of the resurrection, it should motivate us to tell others.

Bonus Round (Optional Activity)

- **Title:** Seeing Christ

- **Goal:** The idea is to look at other examples of where Christ appeared to people after He arose from the dead, and to look at their responses.

- **Set Up:** Print out the following verses and scatter them on a table: Matthew 28:10, Mark 16:14-18, John 20:19-20, John 20:26-29, and Acts 9:1-9

FIRST >> explain to your students that Mary was not the only one who saw Jesus after He rose from the dead. Explain that the verses they see are people who encountered Christ. Instruct students to take a verse or two and look them up. Instruct them to answer the following questions:

How did the person respond upon seeing Christ?

Did the person pass the message on in this verse?

Was there a resistance or acceptance to Christ?

NEXT >> work through the verses with your students, answering the questions. When you have finished, explain that in each of these accounts someone saw Christ. And while these are the accounts of Christ physically appearing, we have the opportunity as believers to see Christ daily at work in and through us as the Church. Explain that because of what Christ ac-

"Who is Jesus?" For thousands of years, how people answered this question has literally meant life or death. It's a question your students must answer, as well. John, one of Jesus' closest disciples, took on the task of proving the identity of Christ. John paints a picture of Jesus as the **Son of God, the promised Messiah, and the redeemer of God's children.** Proof teaches your students the story of Christ through His powerful teaching, His amazing miracles, and His death and resurrection.

Through a deeper look at John's words, your students will see proof that confirms **Jesus was indeed who He claimed to be.** Most importantly, they will understand the awesome privilege it is to know and be known by Christ.

LOADED WITH RESOURCES:

- 6 6-Lesson plans complete with Bible Background.
- ▶ Media! Each lesson features a video or other media components.
- 📄 PowerPoint Slides and printable Student Guides.
- 📖 A page of Scripture cards so students can learn key verses.
- 📧 E-votionals for website, Facebook™ page, or email.
- 📁 Cool Promo-Art for Your Room and Website

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