

To start the day

Lord Jesus

Please give me strength to face this day, to meet people and situations with a confident spirit, to accept tears and smiles with understanding, to do what has to be done with confidence, not to worry about things which are too much for me. Lord Jesus, help me to comfort others, despite my own grief.
Amen.

For strength & guidance

The Lord is my shepherd;
I have everything I need.
He lets me rest in fields of green grass and leads me to quiet pools of fresh water.
He gives me new strength.
He guides me in the right paths, as he has promised.
Even if I go through the deepest darkness, I will not be afraid, Lord, for you are with me.
Your shepherd's rod and staff protect me.
You prepare a banquet for me, where all my enemies can see me; you welcome me as an honoured guest and fill my cup to the brim.
I know that your goodness and love will be with me all my life; and your house will be my home as long as I live.
Psalm 23

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I will
help you

You are in our thoughts and prayers

At times like this, many feelings play on the emotions. With the pain of separation there may be relief that a time of waiting is over.

There may be bitterness; worry about the future. Sadly there may be guilt at words said and things not done.

To you—in the loneliness of grief—come words of invitation and comfort.

Jesus Christ says, “Come ... and I will give you rest.”

Matthew 11:28

A prayer

O Lord I thank you for the years you have given me, for joys and sorrows shared.

I thank you for memories, which in weeks and months ahead will continue to be my comfort.

Lord—you are the giver of all life, and I accept you have taken back that which is yours to love and care for.

Lord Jesus, please heal the wound of parting with your gentle touch.

Amen

‘Hear me, Lord, when I call to you!
Be merciful and answer me!’

Psalm 27:7

God's response

‘Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness’
Lamentations 3:22-23