

Special to God

For you who have lost a baby, the memories you have may seem so very few. Try not to shut them out.

As you pray, talk to God about your baby, about all the memories you were briefly given, about all your hopes and dreams.

Mention your baby by name—your baby is special to God.

Jesus said, "Let the children come to me, and do not stop them, because the Kingdom of God belongs to such as these ..."

Then he took the children in His arms, placed His hands on each of them, and blessed them.

Mark 10:14-16

A prayer for the new day

Lord
Give me strength for this day.

To weep when I should weep, to accept the comfort that memories bring, to face the future with courage, to meet people, those who love me, those who want to help me, those who want to comfort me, but don't know what to say.

O God,
Help me to know your peace, so that I may be able to bring peace to others.

Amen.

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I will
give you rest

*At this time words
seem inadequate*

But this card is intended as a token of love and concern, and comes with prayer.

You may have many feelings; confusion and desolation, resentment and bitterness, feelings of guilt and failure.

Jesus Christ has words of invitation and encouragement for you:

“Come to me ... and I will give you rest.”
Matthew 11:28

A prayer

Lord Jesus Christ

I come to you. Yet words cannot express how I feel.

You know how desolate I am. I feel so empty and helpless and angry.

It's all like a nightmare, yet I know what's happened is real. Lord Jesus, I pour out all my grief, my tears, my pain, my confusion.

Please bear it with me and give me your peace.

Amen.

Helpful Bible verses

God's knowledge of our lives – Psalm 139

God's protection – Psalm 23

God's strength for each day – Isaiah 41:10

God's love for children – Matthew 18:1-5

Jesus shows us the way to the father –
John 14:1-6

God's plan for our future –
1 Corinthians 2:9