

A fresh start

Even though marriages often fall short of the ideal, God doesn't give up on us, nor should we give up on ourselves.

There is always the opportunity to give and receive forgiveness and to have a fresh start ...

Get rid of all bitterness, passion and anger. No more shouting or insults, no more hateful feelings of any sort.

Instead, be kind and tender-hearted to one another, forgiving one another as God has forgiven you through Christ.
Ephesians 4:31-32

Some verses of encouragement

How long must I wrestle with my thoughts and every day have sorrow in my heart? ...
But I trust in your unfailing love; my heart rejoices in your salvation. I will sing to the Lord, for he has been good to me.

Psalm 13:2-6

God is our shelter and strength, always ready to help in times of trouble. So we will not be afraid...

Psalm 46:1-2

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I trust in your
unfailing love

With love and best wishes

Almost every marriage goes through difficult times, but that doesn't mean we're failures or that our marriage is over.

We do need God's help, though, to overcome our shortcomings and develop our strengths. In your struggles and emotional turmoil, God would say to you ...

'Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.'

Jeremiah 6:16

A Prayer for God's help

Heavenly Father, you know how I worry at times, wondering what's going to happen and how we'll get through. Please help me to learn how to leave my worries with you.

Thank you for my marriage partner – for the things that first drew us together and for everything in our marriage that has been good.

But there have been hurts, misunderstandings and disappointments too.

I'm truly sorry for where I've been at fault.

Please help me do my part in recovering what has been lost, and building up what has been broken down.

Through Jesus Christ our Lord.
Amen.

A Prayer for love

Father God

may our love for one another grow stronger every day because it is rooted and grounded in your love for us.

Through Jesus Christ our Lord.
Amen